

ROSEBURG VA HEALTH CARE SYSTEM

PGY-1 PHARMACY RESIDENCY PROGRAM INFORMATION FOR CLASS 2024-2025



U.S. Department of Veterans Affairs
Veterans Health Administration



Welcome to RVAHCS!

Contents	Page Number
Welcome to the Roseburg Healthcare System	3
VA Vision, Mission, and I-CARE Statement	4
PGY1 Residency Training site, Purpose, and Structure	5
About the Program	6
Pharmacy Rotations and Electives	7
How to Apply	8
Past Resident Testimonials	9
Living in Southern Oregon	10
Frequently Asked Questions	11-13
Virtual Pharmacy Open House and ASHP Midyear Booth Information	14

PGY-1 Residency Program Director
Amanda Unrau, PharmD

Roseburg VA Health Care System Medical Center
913 NW Garden Valley Blvd #119
Roseburg, OR 97471

WELCOME

On behalf of the Roseburg Veterans Affairs Health Care System (RVAHCS), we would like to welcome you to our health care system and specifically to our pharmacy service and pharmacy residency program. We are pleased that you have chosen the Department of Veterans Affairs (VA) health care system for your continued education and training.

The VA has become an industry leader in providing technologically innovative and high-quality health care. All members of our staff are committed to assisting you throughout the coming year and many of these professional relationships will be continued throughout your career. The pharmacy residency programs here are designed to produce well-rounded, independent professionals through a variety of clinical, research, and administrative experiences.

You can look forward to a worthwhile and challenging year in our residency program. We look forward to your contributions to this department and to the changes you will bring to our program and pharmacy department as well as to work with you as colleagues throughout your careers.

Sincerely,

Amanda Unrau, PharmD
PGY1 Residency Director

Jessica A Johnson, PharmD, BCACP
PGY2 Residency Director

VA Roseburg Pharmacy Vision

To be a patient-centered integrated health care organization for Veterans providing excellent health care, research, and education; an organization where people choose to work; an active community partner; and a back-up for national emergencies.

VA Roseburg Pharmacy Mission

Honor America's Veterans' by providing exceptional health care that improves their health and well-being.



National VA Core Values

Because **I CARE**,

Integrity. Act with high moral principle. Adhere to the highest professional standards. Maintain the trust and confidence of all with whom I engage.

Commitment. Work diligently to serve Veterans and other beneficiaries. Be driven by an earnest belief in VA's mission. Fulfill my individual responsibilities and organizational responsibilities.

Advocacy. Be truly Veteran-centric by identifying, fully considering, and appropriately advancing the interests of Veterans and other beneficiaries.

Respect. Treat all those I serve and with whom I work with dignity and respect. Show respect to earn it.

Excellence. Strive for the highest quality and continuous improvement. Be thoughtful and decisive in leadership, accountable for my actions, willing to admit mistakes, and rigorous in correcting them.

Postgraduate Year One Pharmacy Residency

Our Training Site

The Roseburg VA Health Care System consists of one VHA facility located in Roseburg, Oregon, and three outpatient clinics located in Eugene, North Bend, and Brookings. The Roseburg VA offers primary care, hospice, mental health, transitional care, and protective care for 60,000 veterans who reside in Western and Southern Oregon and Northern California. The VA proudly serves Veterans who have bravely fought to protect the freedoms of our great nation. The Roseburg VA campus is in beautiful Roseburg, Oregon, situated along the Umpqua River and is surrounded by biking and hiking trails.



Our Purpose

The purpose of the PGY1 Pharmacy Residency Program is to build on Doctor of Pharmacy (PharmD) education and outcomes to contribute to the development of clinical pharmacists responsible for medication-related care of patients with a wide range of conditions, eligible for board certification, and eligible for postgraduate year two (PGY2) pharmacy residency training.

Our Structure

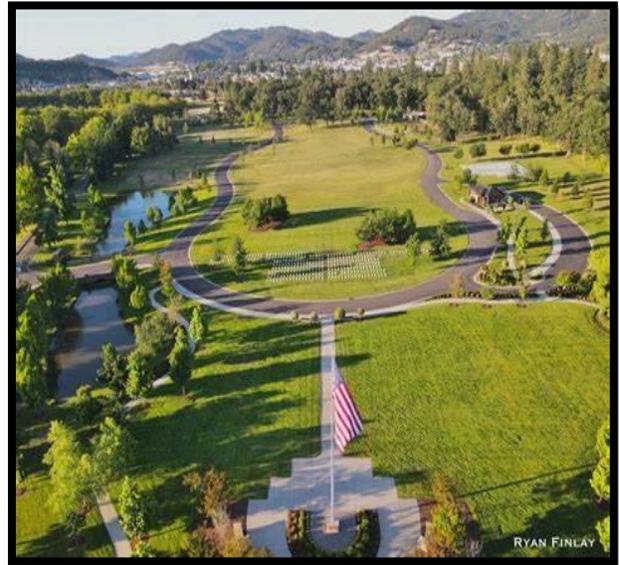
The Roseburg VA Health Care System's PGY-1 residency program focuses on professional development throughout the year and prepares residents to hone the skills necessary to become confident and competent practitioners. Our program has an emphasis in ambulatory care, mental health, and geriatrics, but still includes inpatient and administrative settings. We strive to customize quality improvement projects and learning experiences to meet residents' needs.



About Our Program

Program Requirements

- Completion of year-long residency project for conference presentation and suitable manuscript.
- Satisfactory completion of all rotations.
- Completion of a Teaching Certificate.
- Presentation of poster at ASHP or equivalent.
- Precepting APPE students.
- Minimum of 3 clinical presentations.
- Outpatient staffing 1 weekday per week.



Benefits

- Annual stipend.
- 13 days of paid vacation and 13 days of sick leave.
- 11 paid federal holidays per year.
- Medical insurance at standard government employee contribution rate.
- Educational leave to attend pharmacy conferences (funding may be available).
- Ability to early commit to the Ambulatory Care PGY-2 program in Eugene, OR.
- Access to the VA System with opportunities for continuing education and networking nationwide.
- No routine mandated weekend staffing.
- Paid staffing shifts available.
- 2 weeks overlap with previous PGY-1 residents.



Rotations and Electives

Core Rotations

- Primary Care (Roseburg or Eugene).
- Community Living Center (CLC).
- Primary Care Mental Health Integration (Eugene).
- Pharmacy Administration.
- Joint Commission Review.
- Internal Medicine (Mercy Medical Center).



Longitudinal Experiences

- Antimicrobial Stewardship/Patient Safety: Review culture & susceptibility reports, adjust antimicrobial regimens to reduce antimicrobial resistance, evaluate reports to help improve patient and facility level quality of care.
- Primary Care: Manage asthma/COPD, diabetes, dyslipidemia, hypertension, heart failure, tobacco cessation and other primary care disease states. Residents may elect to replace this rotation with Primary Care Mental Health Integration.
- Lead Resident: Attend facility and pharmacy meetings, help disseminate information to colleagues, and other tasks as assigned.
- Anticoagulation Clinic: Manage and monitor anticoagulants through a telephone-based clinic.
- CLC: Medication reviews for Veterans in transitional care, dementia protected care and hospice care units.
- Outpatient Pharmacy Operations: Participate as a team member withing pharmacy workflow.
- Practitioner Development: Incorporate VA strategic values through various tasks and assignments.

Elective Rotations

Electives may be an advanced rotation of one of the core rotations listed above. Other opportunities may include Pain, Women's Health, and Substance Use Disorder. Elective opportunities available through VISN 20 may include Tele-Mental Health, Tele-Pain, Tele-Women's Health, Tele-Endocrine, VISN Informatics, Academic Detailing, VISN Pharmacoeconomics.

How to Apply

Qualification Requirements

- United States citizen.
- Graduate of an accredited school or college of pharmacy.
- Pharmacist licensure obtained within 120 days from start of residency. Resident must be licensed in Oregon to complete required Internal Medicine rotation at Mercy Medical Center.
- Registered in the ASHP Resident Matching Program.

Application Required Through PhORCAS

- Letter of intent.
- Curriculum vitae.
- Official pharmacy school transcripts.
- Three letters of recommendation using PhORCAS Standardized Reference Form from professional practitioners.

For questions, please contact
VHAROS-PharmResidency@va.gov



VA

U.S. Department
of Veterans Affairs

Previous Resident Testimonials

Yenni Ly, PharmD, PGY-1 Resident 2022-23

“During my PGY-1 pharmacy residency, I gained valuable hands-on experience in diverse clinical settings, honing my skills in medication management, and patient care. My PGY-1 year has not only deepened my clinical experience expertise but also my passion for patient care.”

Ravi Gandhi, PharmD, PGY-1 Resident 2022-23

“Training at the Roseburg VA Healthcare System has given me opportunities I never foresaw myself in attempting. The compassion and dedication of preceptors to their students, residents and patients is an unparalleled experience that will serve as a foundation for the future of my clinical career.”

Eugenia Su, PharmD, PGY-1 Resident 2016-17

“PGY-1 residency with the Roseburg VA Medical Center allowed me to gain confidence in building rapport with patients and required me to be flexible as I worked with numerous providers and preceptors. Through familiarizing myself with all the resources I can provide for patients and being integrated in such a tight-knit community, my PGY-1 and PGY-2 with this health care system really set me up to be a successful practitioner in my current career. I am extremely grateful for the level of ambulatory experiences I was able to experience as a PGY-1 and would not have found a job I truly love without it.”



Living in Southern Oregon



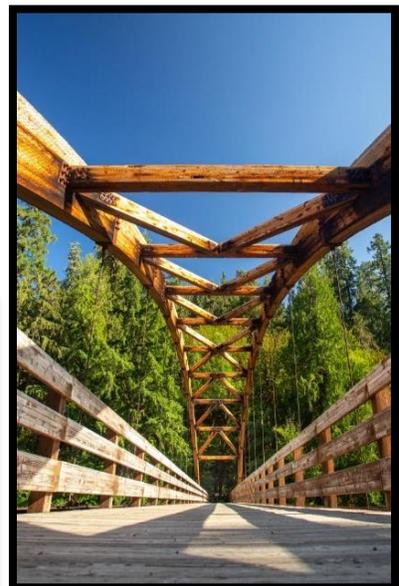
Swimming, fishing, and boating are all enjoyed on the Umpqua River, which flows through Roseburg.



Hiking trails, mountain biking, rock climbing, kayaking, surfing, camping, ski resorts, lakes, waterfalls, the scenic Oregon coast, Crater Lake National Park, and the Redwood Forest are all within driving distance.



Roseburg is located about one hour south of Eugene and three hours south of Portland.



Frequently Asked Questions Roseburg VA PGY-1 Pharmacy Program

Q: What does a typical day look like for a PGY-1 resident?

A: 2&1/2 days per week are spent in 4-week rotations (required or elective). The other part of the week is devoted to our longitudinal rotations. Our year-long rotations include outpatient staffing, anticoagulation, long-term care/transitional care unit medication reviews, and practitioner development. Additional longitudinal rotations that are 4 months are antibiotic stewardship/medication safety, lead resident duties, and primary care.

Q: What core rotations does your site offer?

A: We have primary care, Community Living Center (a long-term care area), pharmacy administration, joint commission review, primary care mental health integration (PCMHI), and internal medicine (through local non-VA site at Mercy Medical Center). Each of these rotations are 4 weeks in duration. Some rotations are required to be completed at the Eugene VA Health Care Center.

Q: What elective rotations does your site offer?

A: For the 2024-2025 year, local opportunities will be available for Substance Use Disorder (SUD), Home Based Primary Care (HBPC), Woman's Health, and pain management. We also have elective virtual opportunities through VISN 20 (the Northwest region for VA) Clinical Resource Hub (CRH) and Pharmacy Benefits Management (PBM) that include: psychiatric pharmacy, pharmacoconomics, and informatics. Residents can elect to repeat a previously completed core rotation as an elective. Each resident is allowed four 4-week elective rotations.

Q: What is resident work-life balance like? How many hours do you typically work?

A: This certainly varies from resident to resident. Our program is set up in such a way that it allows for a lot of flexibility. On average, residents spend around 45-50 hours per week on site. Residents accrue 4 hours of vacation every two weeks. Residents are paid for all federal holidays. Residents have no mandated work weekends aside from conferences with travel and attendance supported by the VA. Residents can obtain home access with a VA laptop that allows them to complete some assignments at home. National VA has programs to help manage and alleviate burnout.

Q: What is it like to live in Roseburg?

A: Roseburg is perfectly located for anyone who has a passion for the outdoors! There are countless hiking trails around the area, multiple wineries, and local breweries and restaurants. We are located one to one and half hour away from Eugene and Medford and two hours away from coastal North Bend and the world-famous Crater Lake.

Q: Why do residents choose this PGY-1 program over other programs?

A: Historically residents choose to come to the Roseburg VA because they have an interest in ambulatory care, mental health, or geriatrics. Residents also enjoy the amount of autonomy and flexible rotation opportunities. There is also an opportunity to early commit to the PGY2 ambulatory care residency at the Eugene VA.

Q: What qualities are you looking for in a resident?

A: Excellent work ethic and resiliency, communication skills, ability to multitask independently, professionalism, and a solid clinical background. This residency program focuses particularly on outpatient ambulatory care (both mental health and primary care) – it is also important for the resident to have good interpersonal skills as they will spend a significant amount of time providing direct patient care and one-on-one appointments with Veterans.

Q: What are the preceptors like at your program?

A: The preceptors at the Roseburg VA work diligently to ensure that the residents are progressing and furthering their clinical skills and knowledge. They are experts in a wide variety of clinical pharmacy fields such as: Primary Care, Psychiatric Pharmacy, Infectious Diseases, and Long-Term Care. Several preceptors serve as mentors for projects and presentations that the residents will work on throughout the residency year. For rotations, preceptors may regularly alternate which allows residents to gain a wide variety of perspectives from several experienced providers.

Q: How are your year-long residency projects selected?

A: The residents complete quality improvement projects. The ideas for these projects sometimes stem from facility identified needs (from national, regional, or local VA mandates). Generally, ideas for projects are presented to residents to select from at the beginning of the residency year. Resident suggested projects will also be considered. We recently transitioned EHRs to Cerner (one of the first VAs in the nation) so projects improving processes in the new EHR will likely be proposed.

Q: What are examples of resident longitudinal projects?

A: Recent projects include deprescribing of benzodiazepines with a DEA – licensed pharmacist, naloxone distribution in patients with a stimulant use disorder, optimizing statin use in patients with diabetes to reduce cardiovascular risk, analyzing outpatient process to reduce fill time from the VA consolidated mail outpatient pharmacy (CMOP), and improving metrics on the psychotropic drug safety initiative dashboard.

Q: When does the residency start?

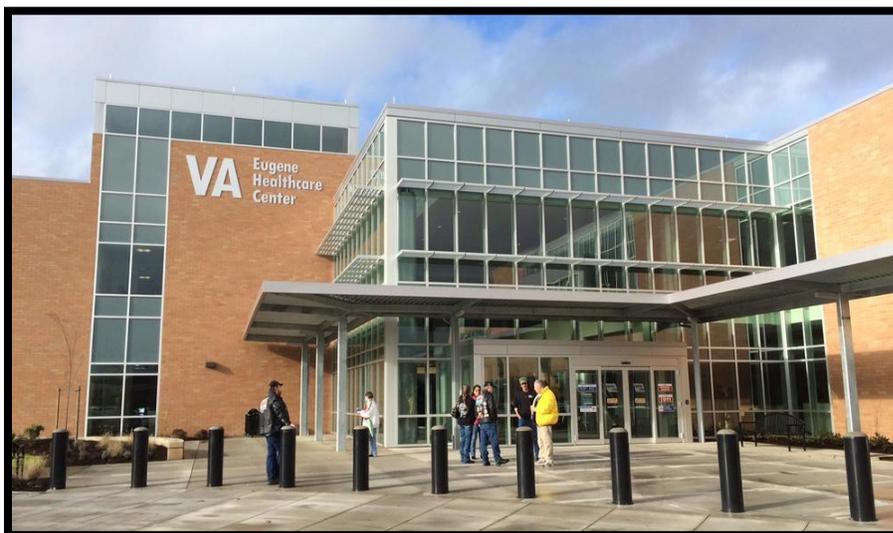
A: The residents start two weeks prior to July 1st every year. This allows our previous residents to provide a warm handoff of patients and projects to incoming residents.

Q: What changes do you expect for next year residency program?

A: Each year we hold an annual residency review meeting where feedback from residents and preceptors is gathered. The feedback is used to make improvements on the residency cycle for the following year. For 2023, we encouraged more VISN 20 rotations. We also offered longitudinal PCMHI rotation as an option instead of primary care. We are also having rotation days be more blocked to allow for more consistency from day-to-day. At this time no additional changes are set for the program, however this can change based on feedback, staffing and facility need.

Q: What opportunities do applicants have to talk to current residents/RPD?

A: We will be at 2023 ASHP Midyear (booth 4486).





**ROSEBURG VA HEALTHCARE SYSTEM
PGY-1 PHARMACY RESIDENCY PROGRAM**

**VIRTUAL PHARMACY
OPEN HOUSE 2023**

**Federal Pharmacy
Virtual Recruitment Event
Wednesday, October 18th
5:00 - 7:00 Pacific Time**

**RVAHCS
Open House
Wednesday, November 15th
5:00 - 6:00 Pacific Time**

[Click here to join the meeting](#)
Meeting ID: 224 459 055 119
Passcode: cnfL8s

[Click here to join the meeting](#)
Meeting ID: 281 246 027 733
Passcode: HuEZza

Please Join Us to Discuss:

Program Overview
Virtual Tour
Meet Our RPD and Current Residents
Question & Answer Session

Also Visit Us At:

ASHP Midyear Conference Residency Showcase in Anaheim, CA
Booth #4486 Monday, December 4th 1:00 - 4:00 Pacific Time